

JUNE 2022

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Create your own obstacle course.	2 Try balloon tennis.	3 Make a lemon volcano.	4 Design your own team jersey.
5 Practice calming strategies.	6 Create your own cardboard marble run.	7 Write a funny/ mystery story to share with friends or family.	8 Make your own would you rather questions and ask a family member!.	9 Write directions on how to make your favorite dessert!.Be specific!	10 Make your own ice cream.	11 DIY Slip and Slide
12 Pick up trash around your house.	13 Create a summer bucket list.	14 Take a walk and focus on your 5 senses	15 Pick 30 random words from a book and create a story!	16 Go on a nature scavenger hunt.	17 Create an "I'm bored!" jar.	18 Read a book. Then read it backwards.
19 Go on a mindfulness scavenger hunt.	20 Learn how to draw something new.	21 Try stargazing!	22 Challenge the family in Minute-to-Win-It Games. See who's champion.	23 Make your own sidewalk chalk paint!	24 Try a twist on a classic summer favorite-lemonade!	25 Go to the farmer's market.
26 Bake summer-themed cookies!	27 Start an indoor herb garden!	28 Find your favorite song on YouTube and have a karaoke night!	29 Create a live Angry Birds game with chalk and water balloons!	30 Browse this Pinterest page for creative variations on a classic s'more!		

